Deep Neck Space Infections

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The fibrous connective tissue that constitutes the cervical fascia varies from loose areolar tissue to dense fibrous bands.

This fascia serves to envelope the muscles, nerves, vessels and viscera of the neck, thereby forming planes and potential spaces that serve to divide the neck into functional units.

It functions to both direct and limit the spread of disease processes in the neck.
The cervical fascia can be divided into a simpler superficial layer and a more complex deep layer that is further subdivided into superficial, middle and deep layers.

The superficial layer of cervical fascia ensheaths the platysma in the neck and extends superiorly in the face to cover the mimetic muscles.

It is the equivalent of subcutaneous tissue elsewhere in the body and forms a continuous sheet from the head and neck to the chest, shoulders and axilla.
The superficial layer of the deep cervical fascia is also known as the investing layer.

It follows the “rule of twos”—it envelops two muscles, two glands and forms two spaces.

It originates from the spinous processes of the vertebral column and spreads circumferentially around the neck.
It covers sternocleidomastoid and trapezius muscles, encloses the submandibular and parotid glands.

It also covers the anterior bellies of the digastrics and the mylohyoid, thereby forming the floor of the submandibular space.

It forms the space of the posterior triangle on either side of the neck and the suprasternal space of Burns in the midline.
The middle layer of the deep cervical fascia is also known as the visceral fascia.

It has two subdivisions, the muscular division, which surrounds the infrahyoid strap muscles, and the visceral division, which envelops the pharynx, larynx, esophagus, trachea, and thyroid gland.

The visceral division passes inferiorly into the upper mediastinum where it is continuous with the fibrous pericardium and covers the thoracic trachea and esophagus.
The deep layer of the deep cervical fascia originates from the spinous processes of the cervical vertebra and the ligamentum nuchae.

At the transverse processes of the cervical vertebra, it divides into an anterior alar layer and a posterior prevertebral layer.

The alar fascia extends from the base of the skull to the second thoracic vertebra.

The prevertebral fascia lies just anterior to the vertebral bodies and extends the entire length of the vertebral column.
Sagittal section

- Pharynx
- Buccopharyngeal fascia
- Retropharyngeal space
- Alar fascia
- Prevertebral fascia
- Trachea
- Esophagus

- Mandible
- Geniohyoid muscle
- Geniohyoid fascia
- Superficial (investing) fascia
- Fascia of infrahyoid muscles
- Pretracheal fascia
- Thyroid gland
- Subcutaneous tissue
- Suprasternal space (of Burns)
- Manubrium of sternum
- Aorta
- Pericardium
The carotid sheath is a fascial layer that is associated with but is anatomically separate from the previously described layers. It receives contributions from all three layers of deep cervical fascia.

It contains the carotid artery, internal jugular vein and vagus nerve.

It continues from the skull base through the neck along the anterior surface of the prevertebral fascia, and enters the chest behind the clavicle.
Spaces Spanning the Entire Length of the Neck
The superficial space is located between the superficial fascia and the superficial layer of the deep fascia.

This potential space lies superficial and deep to the platysma and contains loose areolar tissue, lymph nodes, nerves and vessels—the most significant of which is the external jugular vein.

This space is most commonly involved with superficial cellulitis of the neck, but if abscess formation does occur, this will present with obvious fluctuance, erythema, warmth and tenderness.
The deep neck spaces that run the entire length of the neck include:

- Retropharyngeal space
- Danger space
- Prevertebral space
- Visceral vascular space
Retropharyngeal Space

- It occupies the space posterior to the pharynx and esophagus.
- Its anterior wall is made up of the buccopharyngeal fascia superiorly and the visceral division of the middle fascia inferiorly.
- The posterior wall is the alar layer of the deep fascia.
- The lateral boundary is the carotid sheath.
- This space extends from the base of the skull to the level of the first and second thoracic vertebra.
Danger Space

- Posterior to the retropharyngeal space lies the danger space.
- So named because it contains loose areolar tissue and offers little resistance to the spread of infection.
- It is the space between the alar layer and prevertebral layer of the deep fascia.
- Runs from the skull base to the diaphragm.
Visceral Vascular Space

- It is the potential space within the carotid sheath.
- It contains little areolar tissue and is resistant to the spread of infection.
- Termed the “Lincoln’s highway”
- It extends from the base of skull into the mediastinum.
- Receives contributions from all three layers of deep fascia
- It can become secondarily involved by infection in any other deep neck space by direct spread.
Suprahyoid Spaces
The submandibular space

The parapharyngeal space

The peritonsillar space

The masticator space

The Parotid space
The submandibular space

- Bounded by the mandible anteriorly and laterally
- The lingual mucosa superiorly
- The hyoid postero-inferiorly
- The superficial layer of the deep cervical fascia inferiorly
Genioglossus M.

Ant. Digastric M. & F.

Mylohyoid M.

Geniohyoid M.

Injection masses (per Grodinsky)
The mylohyoid muscle divides this space into a superior sublingual space and an sub-mylohyoid space.

The sublingual space contains loose areolar tissue, the hypoglossal and lingual nerves, the sublingual gland and Wharton’s duct.

The submylohyoid space contains the anterior bellies of the digastrics and the submandibular glands. These two subdivisions freely communicate around the posterior border of the mylohyoid.
Early appearance of patient who has Ludwig’s angina with characteristic submandibular “woody” swelling
The skull base 

Superiorly

Pterygo-mandibular raphe anteriorly

Parotid

Boundaries

Hyoid Bone

Inferiorly

Mandible

Posteriorly

Bucco-pharyngeal fascia medially

Medial Pterygoid

Prevertebral Fascia Posteriorly
Submandibular Space

Parotid Space

Masticator Space

Retropharyngeal space

PPS
Pre-Styloid
- Fat, muscle, lymph nodes and connective tissue
- Tonsillar fossa
- Medial Pterygoid plate

Post-Styloid
- Carotid sheath
- 9th, 10th & 12th Cranial Nerves
Retropharyngeal abscess
Most common deep neck abscess

Retropharyngeal lymph nodes tend to involute with age

Source of infection suppurative process in nose, nasopharynx, sinuses and adenoids

96% abscesses occur prior to 6 years of age
Symptoms

- Fever
- Enlarged Cervical LNs
- Post. Pharyngeal wall buldge
- Irritability
- Torticollis
- Trismus
- Poor oral intake
- Sore throat

- Dysphagia
- Drooling

- Laryngeal oedema
- Respiratory distress
Lateral radiograph of the neck
Retropharyngeal Space Abscess in Adults
Retropharyngeal abscess in the adult is typically caused by:

- Penetrating or blunt trauma
- Instrumentation such as endoscopy,
- Intubation or NG tube placement
- Extension of infection from an adjoining deep neck space
- Historically, the most common cause of a prevertebral abscess was the extension of a tuberculous infection of a vertebral body, a Pott’s abscess.
Submandibular Space Infection
• In recent years, submandibular space abscess has become the most common of the deep neck space infections.

• Seventy to 85% of these cases are odontogenic in origin, the rest are caused by sialadenitis, lymphadenitis, floor of mouth lacerations or mandible fractures.

• Ludwig’s angina is the prototypical submandibular space infection, however this term should not be applied to all submandibular abscesses.
Criteria to label Ludwig's angina

• A cellulitic process of the submandibular space, not an abscess
• Involvement of only the submandibular space, although this could be bilateral
• Gangrene with foul serosanguinuous fluid on incision, but no frank purulence
• Involvement of the fascia, muscle and connective tissue,
• Direct spread of infection rather than spread by lymphatics.
Ludwig’s angina Symptoms

- Tender, firm swelling
- "hot potato" voice
- Stridor
- Sialorrhea
- Dyspnea
- Tachypnea
Early Ludwig's angina
Parapharyngeal space abscess
• Infection in the pharynx, tonsils, adenoids, teeth, parotid or lymph node chains
• Middle ear infections or mastoiditis
• Extension of infection from the nearby:
  • Peritonsillar space
  • Submandibular space
  • Retropharyngeal space
  • Masticator space
PHARYNGOMAXILLARY ABCESS

BUCCOPHARYNGEAL FASCIA
• Signs and symptoms of parapharyngeal abscess differ depending on whether the prestyloid or poststyloid compartment is involved.
• In addition to fever, chills and malaise, anterior infection will often cause pain, dysphagia and significant trismus due to medial pterygoid irritation.
• Edema in this area will cause a medial bulging of the lateral pharyngeal wall and tonsil and there will be swelling at the angle of the mandible.
• Posterior compartment infection may have no localizing signs on examination.
• Despite this, these patients do appear toxic and may receive the diagnosis “fever of unknown origin.”
• Involvement of the neurovascular structures found in this area may lead to cranial neuropathies, Horner’s syndrome, septic internal jugular thrombosis or carotid artery rupture.
• Any bleeding from the nose, mouth or ear in a patient with suspected deep neck abscess should be taken very seriously.
• Preantibiotic era—S. aureus
• Currently—aerobic Strep species and non-strep anaerobes
• Gram-negatives uncommon
• Almost always polymicrobial
• Remember resistance
IMAGING
Airway Protection
Antibiotic Therapy
Surgical Drainage